

Zen Martinoli's 5 Minute Fitness By Zen Martinoli

By Zen Martinoli

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Health and Wellness. Fitness. Zen Martinoli's 5 Minute Fitness - Zen Martinoli. ISBN: 1843586657. Publication Date: 2011-08-01. Gold Medal Fitness - Dara Torres.

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Zen Martinoli is a qualified boxing and fitness trainer. He trains people of all fitness levels and abilities at his north London studio. His clients include

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Zen Martinoli is a qualified boxing and fitness trainer and the author of "Zen Martinoli's 5 Minute Fitness." He trains people of all fitness levels and abilities.

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